

Newsletter

3rd Edition

October-December 2016



World stop child sexual abuse day on 19th november 2016

Antardristi Nepal Activities:

- Celebrated 19th November 2016, "WORLD STOP CHILD SEXUAL ABUSE DAY" BY showing street drama, pray for victims.
- Celebrated 20th November 2016, "INTERNATIONAL CHILD RIGHTS DAY" by conducting rally and showing drama.
- Awareness classes on different school, mother groups and in communities.
- Antardristi Nepal's staffs took two days Training on Domestic Violence by Isra AID Nepal.
- Celebrated 16 days campaign for "Women Against Violence" by doing rally and street drama.
- Antardristi Nepal established one community/ school level library in Siddhartha School, Hetauda.

Namaskar!

The low awareness of the society and also big organizations, sexual abuse prevention work is focusing on "bigger" issues such as trafficking and prostitution, and therefore their eyes are closed for abuse in close and family.

When sexual abuse happens, a child can develop a variety of distressing feelings, thoughts and behaviors but its impacts on the child victims in a long term has not yet been adequately investigated. In addition, when a case happens, concept of "blaming victims" is still popular that prevent the child and his/her family from disclosure. We believe that those cultural and social factors have significantly contributed to the increase in child sexual abuse reported in last few years. To be able to prevent and relieve this actions and effects, Antardristi Nepal is using methods of community awareness-raising, capacity building, disclosure, counseling etc.

Sexual abuse against young women and children often goes unseen, and in a patriarchal society like Nepal, sadly widespread abuse is apart of the daily lives of countless Nepalese children. The intrinsic foundation of Nepalese society centers around male dominance. Women are traditionally viewed as property or an object of desire—respect doesn't enter into the vernacular. Because of this socialization, rape and sexual abuse are extremely prevalent here. To make matters worse, the victims of abuse are not seen as victims, but provocateurs. The abused are typically discriminated against, seen as un-pure, and are stigmatized by society.

Please help us sustain the work we are doing. Help girl children to come out of the trauma they are facing and help their family to cope with the trauma too. Thanks and looking forward to more helping hands.



“Build a bridge over shame by teaching kids about sexual abuse. Give them a chance to run to us should they encounter it. Be their hero.” - Carolyn Byers Ruch



My Story

I grew up with a loving family. We were all very close. I was the youngest child of my family, my siblings are settled. I used to stay with my parents. My parents are farmers. We have some land where we used to grow vegetables. We belong to middle class family. At home I and my parents were very happy, I used to go school. My life is going smoothly.

My cousin brother and his friend used to stay at my home; they frequently came to our home when I was alone at home. One day he came to our home and took me to riverside which was little far from my home and he raped me. When I trying to say about this incident to my family he threatned me. One day my sister in-law saw that activities and informed to my family. By the support of my family the case was registered and I came to Antardristi Nepal for Psychological

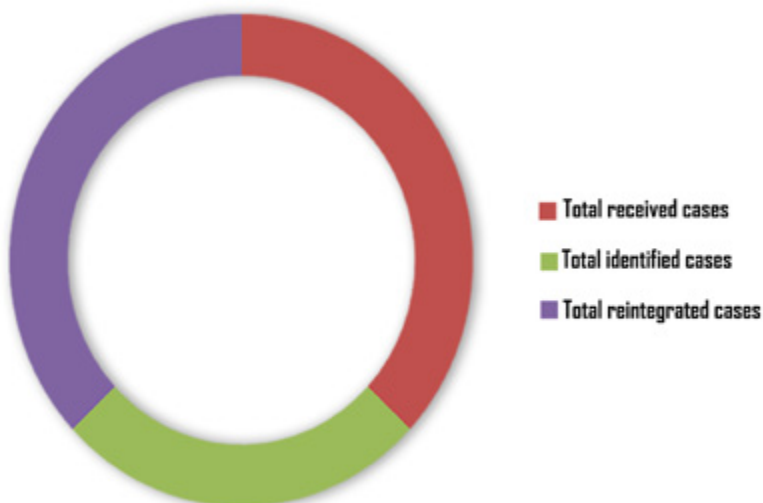
counseling.

When I connected with Antardristi Nepal I became physically, mentally and socially fit. I started football training and join school. I took part in mid- zonal regional female football competition. I also played 14th National Women Championship Program. Still I am actively taking part in district level football competition by representing Makwanpur district. In future I want to be a good football player.

I feel great to be a part of Antardristi Nepal.



Identified, Received and Reintegrated cases (2016):



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ABOUT US

Antardristi was formed in 2003 to address the social issue of child sexual abuse in Nepal due to the alarming scarcity of service provision in this area. Antardristi remains one of a limited number of organizations working to eliminate child sexual abuse within Nepal and undertakes activities in the areas of awareness raising and prevention, child protection, psychological recovery and social reintegration. Undertaking this work is considerably complex. There is stigma around mental health which results in a silence around such problems and consequently increased isolation and unremitting difficulties. There also exists discrimination against young women reporting rape as blame may be placed with the victim.

Antardristi in pictures



**Showing
Street
drama**



**Cafe
Antardristi in
the social site
recommendation**



**Awareness
classes**