

# Newsletter

**2nd Edition**

July-September 2016



**14th Anniversary celebration in office premises**



## 1st Anniversary of Café Antardristi

We are a café with a purpose. We serve authentic and homemade products and we're donating our net profit to project Antardristi. Antardristi is a project run by women to offer support to child survivors of sexual abuse.

## 14 Great Years! many years to come..

Antardristi Nepal celebrated its 14th Anniversary on 10th September, 2016 at its premises along with 150 guests and visitors. The guests and visitors were first welcomed with Antardristi Nepal's keychain and a greeting card made by the kids.

In the event the guests and visitors were able to understand the working structure of the office as our staff members were busy giving presentations about different departments like:

- Protection
- Prevention
- Mental health
- Fundraising
- Finance
- As well as about the whole project

A special table clock was presented to our supporter Mr. Subash from Bal Kalyan, Hetaudha. It was a wonderful evening with our well wishers where they expressed their desires to attend the anniversary in years.

## Antardristi Nepal Activities:

- Center children participated in Teej program organized by Hetauda FM, got third position in the competition.
- Fund raising program in Madan smarak girls high school, Pulchowk by selling paani puri and chatpate.
- Refreshment training for teachers.
- Awareness class on different school, mother groups and teachers. Also doing door to door awareness program by volunteers.
- 14th anniversary celebration.
- A charity movie show for Antardristi Nepal initiative by the movie gaatho.
- Trauma counseling for children and different therapeutic activities at safe house.
- Reintegration of children after recovery (physically, mentally and socially healthy).

“There is comfort in knowing that you don’t have to pretend anymore, that you are going to do everything within your power to heal.” -Ellen Bass, Beginning to Heal



Charity movie show in QFX, Jai nepal

## My Story

My name is A Tamang, I am 5 years old. I have lovely father. My mother is not with us she is in abroad to earn money. I used to live with my father but now I am in Antardristi Nepal at Hetauda.

Before few years ago when I was with my father one bad incident had occurred, that incident changed my life, my father’s friend sexually abused me when my father was not at room. After that incident I have to stay far with my lovely father. My father said this is all for my better future so I respect my father’s decision.

I love to study, playing with my friends, singing,

dancing and doing creative work. I am enjoying my life at Hetauda center as well as making bright future.

Thank you Antardristi Nepal for these wonderful opportunities



**Café Antardristi**  
A café with a purpose.  
Come visit us at Jhamsikhel and contribute to a cause..

## Identified, Received and Reintegrated (July, August and September 2016):

S.N	Child age	Education back-ground	Address	Relation with Offender	Referred by	Identified	Received	Reintegrated	Still with AN
1	14	class 7	Jhapa	40 years neighbor	District Police Office	✓			
2	4	Nursery	Darchula	17years neighbour	Women development society Baitadi, district police office Darchula	✓			
3	10	class 2	Birendranagar municipality 17, Surkheta	Domestic violence	District children welfare comity birendra nagar, Surkhet and Aawaaj Surkhet		19th august 2016		✓
4	6	LKG	Bara	Stranger	District police Makwanpur Safe housev		24th sep 2016	11th sep 2016	
5	13 and 7 (sis-ters)	class 3 and class 1	Janakpura	Father, 40	Janakpur district child welfare comity	✓			
6	14	class 7	Udayapur	Father,35	District child welfare comity, udayapur		9th july 2016		

### CONTACT INFO

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### ABOUT US

Antardristi was formed in 2003 to address the social issue of child sexual abuse in Nepal due to the alarming scarcity of service provision in this area. Antardristi remains one of a limited number of organizations working to eliminate child sexual abuse within Nepal and undertakes activities in the areas of awareness raising and prevention, child protection, psychological recovery and social reintegration. Undertaking this work is considerably complex. There is stigma around mental health which results in a silence around such problems and consequently increased isolation and unremitting difficulties. There also exists discrimination against young women reporting rape as blame may be placed with the victim.