

## IMPACT 2021

As we have reached another year of funding towards the safe house for sexually abused girls in Nepal, we reflect upon the learnings, anxiety, difficulties and joy of this amazing charity and once again thank you whole heartedly for your support.

It is always sad to report that the police and the wider network referred many child rape cases but every child was followed up closely. During 2021, 47 child rape cases were referred to the charity and 11 children were brought into the safe house for more intense counselling and support. It is the more vulnerable children and the children that live in the more remote villages that are brought into the safe house where they can receive the 1-1 support they need.

The aim of the safe house is to provide a therapeutic environment where the children can start to heal both physically and mentally and the hope is that the children can be safely re-integrated back with their families once the perpetrator has been sent to prison. 7 children were successfully re-integrated this year and 25 re-integrated children were followed up with calls and visits to the home.

Due to COVID, the government locked down Nepal for 32 days from early May to mid-June which meant that the children were engaged in a whole host of indoor activities such as music, dancing, crafts and home schooling. After lockdown, the schools re-opened and it was straight in with end of term exams.

In summary, we are pleased to provide this round up of the year...

- 5 awareness programmes are conducted on “end discrimination on mental health and child sexual abuse.
- 7 children successfully re-integrated back to their families.
- 22 parent counselling sessions
- 25 children that had been re-integrated were checked upon.
- 240 individual counselling sessions
- Awareness classes continued to be delivered surrounding menstruation and management, positive and moral education, discipline and manners, life skill techniques and the pandemic.
- General medical and eye check-ups are regularly provided to all the girls.
- And finally, a field trip, a picnic and home visits for Dashain and Tihar.

Without your kind support none of this would be possible and so a massive thank you. There were lots of ups and down this last year for not only them but the entire world is suffering. Still with all the love and support we are able to take good care of the children.